



Govt. of National Capital Territory of Delhi
Department of Women and Child Development
Saksham Anganwadi & Poshan Branch

5th Floor, Maharana Pratap, ISBT Building, Kashmere Gate, Delhi-1100

POSHAN
Abhiyan
PM's Overarching
Scheme for Holistic
Nourishment
प्रधानमंत्री विविध विकास योजना - रोशनी रोशन

F. No. 76(7)/POSHAN/Misc.DATA/DWCD/2023-24

Date:

ORDER

In view of the prevailing winter season and to safeguard the health and well-being of children, pregnant women and lactating mothers enrolled at Anganwadi Centres, all District Officers/CDPOs are hereby directed to ensure **strict implementation of the Winter Action Plan** in all Anganwadi Centres under their jurisdiction.

The Winter Action Plan shall be implemented **point-wise** as under:

1. Warm Clothing & Protection from Cold

- Ensure that children attending Anganwadi Centres are wearing proper winter clothing such as sweaters, caps, socks and gloves; parents may also be encouraged accordingly.
- Pregnant and lactating women visiting the centres shall be advised to wear adequate warm clothing.
- Anganwadi Workers and Helpers shall wear suitable warm clothing while on duty.

2. Winter-Proofing of Anganwadi Centres

- Proper mats/ carpets be spread on the floor to prevent direct contact with cold surfaces.
- Doors and windows shall be kept properly closed to avoid entry of cold air.
- Adequate ventilation shall be ensured for safety, preferably by opening windows during sunshine hours only.
- Drinking water shall be provided at room temperature or slightly warm.
- Regular cleaning of indoor spaces shall be carried out to prevent dust and seasonal infections.

3. Indoor Activities for Children

- ECCE activities such as rhymes, storytelling, counting and learning activities shall be conducted indoors.
- Creative activities including drawing, colouring, puzzles and building blocks shall be encouraged.
- Peer interaction and age-appropriate indoor activities shall be organized to keep children active and engaged.

4. Health, Hygiene & Safety Measures

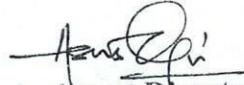
- Regular monitoring of children for symptoms of cold, cough, fever or other seasonal illnesses shall be ensured.
- Parents shall be informed promptly if any symptoms are observed.
- Parents shall be sensitized to avoid sending children to the centre if they are unwell.

5. Nutrition & Diversified Food Menu

- Ensure provision of hot and freshly prepared supplementary nutrition to all beneficiaries.
- Clean and insulated containers shall be used to keep food warm during distribution.

District Officers shall ensure that **CDPOs, Supervisors, Anganwadi Workers and Helpers** are suitably instructed and compliance is monitored regularly. Any lapse in implementation shall be viewed seriously.

This issues with the approval of the competent authority.


Assistant Director (SA & P)

To

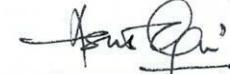
1. All the District Officers, DWCD, GNCTD
2. All the CDPOs, DWCD, GNCTD

F. No. 76(7)/POSHAN/Misc.DATA/DWCD/2023-24 *18919-24*, Date:

Copy to:

1. PS to Secretary, DWCD, GNCTD
2. OSD to Director, Department of Women & Child Development, New Delhi.
3. SO to Special Director, Department of Women & Child Development, New Delhi.
4. IT Branch, WCD for uploading on website.

16 JAN 2026


Assistant Director (SA & P)