

Introduction:

Saksham Anganwadi and Poshan 2.0, referred to as Poshan 2.0, is an Integrated Nutrition Support Programme aimed at combating malnutrition among children, adolescent girls, pregnant women, and lactating mothers. It emphasizes nutrition content, delivery, and a convergent ecosystem promoting health, wellness, and immunity.

Vision and Objectives:

Poshan 2.0 seeks to address the challenging situation of malnutrition among children up to the age of 6 years, and pregnant and lactating women. The Mission will focus on the fundamental importance of nutrition and early childhood care and education for the well-being, growth and development of children into healthy and productive adults.

Components of Saksham Anganwadi and Poshan 2.0

With a view to address various gaps and shortcomings in the on-going nutrition programme and to improve implementation as well as to accelerate improvement in nutrition and child development outcomes, the existing scheme components have been re-organized under Poshan 2.0 into the primary verticals given below:

- Nutrition Support for POSHAN through Supplementary Nutrition Programme (SNP) for children of the age group of 06 months to 6 years, pregnant women and lactating mothers (PWLM); and for Adolescent Girls in the age group of 14 to 18 years in Aspirational Districts and North Eastern Region (NER);
- Early Childhood Care and Education [3-6 years] and early stimulation for (0-3 years);
- Anganwadi Infrastructure including modern, upgraded Saksham Anganwadi; and
- Poshan Abhiyaan

Key Focus Areas:

Poshan 2.0 centers around Maternal Nutrition, Infant and Young Child Feeding Norms, Treatment of MAM/SAM. It stands on pillars of Convergence, Governance, and Capacity-building, with Poshan Abhiyan driving Outreach and innovations.

Components of Poshan 2.0:

Key components include Nutrition Support through Supplementary Nutrition Programme, Early Childhood Care and Education, Anganwadi Infrastructure, and Poshan Abhiyaan.

Monitoring through Poshan Tracker:

The Poshan Tracker app aids real-time monitoring of nutrition indicators, AWCs, beneficiaries, and service delivery, supporting interventions and evaluation. The POSHAN Tracker is enabling real-time monitoring and tracking of all AWCs, AWWs and beneficiaries on defined indicators. Beneficiaries is Aadhaar seeded to ensure last mile tracking and delivery of services. Poshan Tracker will help Mission Poshan 2.0 in generating data, providing feedback to Program Managers and documenting the impact of scheme on nutrition indicators.

Community Mobilization and Behavior Change:

Different activities conducted for community mobilization and behavior change through drive community engagement and accountability, addressing malnutrition reasons, monitoring nutrition, and promoting behavioral change.

Community Based Events (CBEs):

In order to strengthen processes for community engagement, empowerment of beneficiaries and increased social accountability of ICDS, community based events (CBEs) enhance community engagement, empower beneficiaries, and encourage behavior change through activities like Annaprasan Diwas, Suposan Diwas, Celebrating coming of age getting ready for pre-school at AWC, Messages related to public health for improvement of nutrition and to reduce illness are covered and health-related messages.

Jan Andolan (People's Movement):

Poshan Maah and Poshan Pakhwada promote Jan Andolan, involving various stakeholders in nutrition-centric events for a healthier society. These events have helped in reaching out to communities through the nation's biggest nutrition-centric annual Jan Andolans.

The month of September is celebrated as Rashtriya Saksham Anganwadi and Poshan 2.0 31 Poshan Maah across the country. Similarly, in/around March every year, Poshan Pakhwada is celebrated. The Poshan Maah and Poshan Pakhwada celebrated so far have witnessed wide participation and enthusiasm from convergent Ministries, States/UTs and field functionaries.

Early Childhood Care and Education (ECCE):

Early Childhood Care and Education covers provision for pre-school learning material for cognitive, emotional, social and intellectual development of the child, development of muscular coordination and basic motor skills, aesthetic appreciation, independence and creativity, good healthy habits and seamless integration of children into school

Incentives and Awards:

Field functionaries receive incentives for their contributions, and awards recognize significant efforts towards promoting nutrition and health.

Implementation and Funding:

Poshan 2.0 is an ongoing Centrally-sponsored program implemented by State Governments/UT administrations, with a cost-sharing ratio of 60:40 between the Central and State Governments.

Physical and Financial Progress Report of Poshan 2.0

POSHAN 2.0 aims to transform the nutrition status of children aged 0 to 6 years, pregnant women and lactating mothers across India.

Following best practices have been adopted by the Department to achieve the objectives: -

- Total 6,86,430 beneficiaries have been registered on Poshan Tracker as on June23.
- **Growth monitoring:** 97.20 % children measured as on June23.
- **Home visits:** 97.97% home visits were made in month of June23.
- **Aadhaar Seeding:** 97.16% beneficiaries have been Aadhaar seeded in Poshan Tracker App as on June23.
- **CBE (Community based events):** 95.6% CBEs conducted at Anganwadi centers June23.
- **VHSND(Village Health sanitation & Nutrition day):** 88.57 % VHSND conducted at Anganwadi centers June23.
- Measurement of Height and Weight of children under 6 years who are beneficiaries in the Anganwadi Centers is being done as part of growth monitoring drives to identify SAM/MAM children.
- Referral of SAM/MAM children to Nutrition Rehabilitation Centers (NRCs), local dispensaries and hospitals is being intensified along with regular follow ups and counseling / guidance by AWWs through home visits.
- Regular communications are being sent to the Health Department for soliciting better coordination between AWW, ASHA, & ANM to improve the delivery of essential maternal and child interventions like immunization, referral of SAM/MAM children to NRC/PHC and organizing VHSND days.
- Regular trainings are being organized for field functionaries on identification, referral and management of SAM children.

- Organized five day Poshan Tracker Application training for CDPO/Supervisors/District and Block Poshan team for improving the monitoring mechanism and the scheme indicators.
- The Department in collaboration with Department of Health & Family Welfare, GNCTD has prepared a draft of Standard Operating Procedures (SOPs) for AWWs and Health Functionaries for identification, referral and management of malnourished children. The SOPs will facilitate standardization of processes for screening and intervention for improving the nutritional status of malnourished children.

For the Promotion of Millets-

- Following activities are being carried out in all Anganwadi centers to create awareness among community to adopt millets in their regular diets:-
- Display of millets in all Anganwadi centers
- Awareness sessions on nutritional benefits and various recipes of millets
- Millet recipe contest and display of those recipes in all AWCs